

# START OVER - FLAME (FEAT NF)



FLAME was born and raised in the inner city of St. Louis, MO. Today, he is a well-versed leader in the Christian hip-hop scene with a growing list of accolades, including a GRAMMY® nomination, several Dove and Stellar Award nominations, and multiple Billboard chart toppers. He has released 8 albums to date including *Captured* (2010), *The 6th* (2012), *Royal Flush* (2013), and *Forward* (2015) under his own imprint.

In addition to touring, writing, recording and co-producing his own projects, FLAME founded and helms Clear Sight Music, a burgeoning record label raising the bar in Christian hip-hop and beyond. He also has a degree in biblical counseling from Louisville's Southern Seminary, viewing rich biblical knowledge as essential to his ministry. "I love the Bible. I love theology. I love Jesus and that light bulb moment when people get excited about Him. I love taking the knowledge from the Bible and connecting the dots with how these things apply to our everyday lives and our deep-seated personal issues." His first book, *A In*, which released earlier this year, is a biblically-based guide for living out a Christian worldview in every facet of life.

In all his efforts, whether onstage, in school or operating a record label, FLAME is bridging the gap between the sacred and the secular. While his music is unashamedly Christian, he hopes it might also affect seekers as well. "I just want to encourage the Christian and the non-Christian who may be interested in peeking over the fence of Christianity that in this faith—in this worldview—you can have true freedom."

Information from: <http://clearsightmusic.com/flame/>

## LYRICS

Everybody's got a blank page  
A story they're writing today  
A wall that they're climbing  
You can carry the past on your shoulders  
Or you can start over  
Regrets, no matter what you've gone through  
Jesus, He gave it all to save you  
He carried the cross on His shoulders  
So you can start over

Don't let your heart be troubled  
Don't be afraid  
To the broken-hearted that wished that they'd  
Never been born, never been torn,  
never sinned, never disobeyed  
I know you think there's no hope, but that ain't true, Jesus saves!  
I know you feelin' regret  
(Like I) brought this all on myself  
(Like I) messed it up big time,  
and this time I don't deserve God's help  
(Thinking) how can God forgive me  
after knowin' what I did (can He?)  
After knowin' that I hid from Him,  
and I stayed away and backslid (listen)  
Jesus came for the sick (so true)  
Jesus came for the weak (amen)  
Jesus came to give good news  
and have set the captives free (amen)  
Jesus came for the poor (amen)  
Jesus came with the keys (amen)  
Jesus came to remove the chains  
so the prisoners are released (amen)

### Chorus

See, His love is deeper than the ocean floor  
Run to His arms like an open door  
God the Father sent the Son  
So men can come and be free  
and ain't gotta run no more (that's what He said)  
Come to me, all who are weary;  
with heavy burdens, I'll give you rest  
Separated you from your sin,  
as far as the east is from the west (He said)  
Thrown in the sea of forgetfulness  
What sin? What offense?  
And when them waves come crashing in, I'll calm the winds  
in your defense (that's what He said)  
So, whatever it is that you've done  
He put that punishment on His Son  
You'll never come under His condemnation conquer sin  
and Satan, and his accusations  
So, dry your eyes, lift up your head  
Hallelujah! God is not dead!  
Plus He gave us His peace,  
and He took our guilt on the cross instead  
Took our place and now we embrace  
A clean slate with the eyes of faith  
We know unending love, unending love, it's not too late, start over

### Chorus

# START OVER - FLAME (FEAT NF)



## Psalm 103:1-12, New International Version (NIV)

- 1 Praise the Lord, my soul  
all my inmost being, praise his holy name.
- 2 Praise the Lord, my soul,  
and forget not all his benefits—
- 3 who forgives all your sins  
and heals all your diseases,
- 4 who redeems your life from the pit  
and crowns you with love and compassion,
- 5 who satisfies your desires with good things  
so that your youth is renewed like the eagle's.
- 6 The Lord works righteousness  
and justice for all the oppressed.
- 7 He made known his ways to Moses,  
his deeds to the people of Israel:
- 8 The Lord is compassionate and gracious,  
slow to anger, abounding in love.
- 9 He will not always accuse,  
nor will he harbor his anger forever;
- 10 he does not treat us as our sins deserve  
or repay us according to our iniquities.
- 11 For as high as the heavens are above the earth,  
so great is his love for those who fear him;
- 12 as far as the east is from the west,  
so far has he removed our transgressions from us.

1. What would you say the song is about?
2. When do you feel like you could “start over”?
3. Read Psalm 103:1-2. How does the Psalm start?
4. According to verses 3-5, what does the Lord do for us? What do each those things mean?
5. What is verse 6 talking about?
6. Verses 7 and 8 speak of God’s “ways” and “deeds”. What is the Psalmist referring to? How does he describe those deeds?
7. How do you feel about verses 9-10?
8. According to verse 11, what is the extent of God’s love?
9. What does verse 12 mean? How does this relate to the song?
10. What does all of this mean for our lives?