

# WEIGHT OF THE WORLD - NORTHERN WONDER



Electro-pop joy: that's what you'll hear if you turn up Northern Wonder's eclectic blend of dancey synthesizers, soaring melodies and driving beats—joy in musical form. The name Northern Wonder even derives from a C.S. Lewis quote describing joy. Northern Wonder's sole creator/producer, Tyler Moody, explains: "music has always been about a sense of awe and wonder for me... a sense of joy, and that's what I'm trying to portray in the music." Find out for yourself; when you listen to Northern Wonder's unique blend of electronic goodness and inspirational lyrics, you're bound to feel something.

Information from: [http://www.newreleasetoday.com/artistdetail.php?artist\\_id=5031](http://www.newreleasetoday.com/artistdetail.php?artist_id=5031)

## LYRICS

You don't have to wear that mask  
That 'I've got it all together' act  
Cause sometimes you can't look up  
'Till you fall facedown

And you don't have to 'handle it'  
Or trade in real for counterfeit  
To put the pieces back together  
First you lay them down

When you're carrying the  
Weight of the world  
He is holding you  
Holding you  
And when you can't lift  
Yourself off the floor  
He will come to you  
Come to you  
If He can carry the cross  
He can carry your heavy heart  
Oh in your weakness  
He is strong

In my head I know it's true  
But the hardest thing to do  
Is getting what's inside my head  
Down to my heart

Oh so I will boast  
In my weakness  
If my weakness leads to you

When you're carrying the  
Weight of the world  
He is holding you  
Holding you  
And when you can't lift  
Yourself off the floor  
He will come to you  
Come to you  
If He can carry the cross  
He can carry your heavy heart  
Oh in your weakness  
He is strong

And you're no accident  
And your life's not a mistake  
And when you come to the end of yourself  
Well that makes room for grace  
Well that makes room for grace

When you're carrying the  
Weight of the world  
He is holding you  
Holding you  
And when you can't lift  
Yourself off the floor  
He will come to you  
Come to you  
If He can carry the cross  
He can carry your heavy heart  
Oh in your weakness  
He is strong

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## Matthew 11:28-30 New International Version (NIV)

<sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.  
<sup>30</sup> For my yoke is easy and my burden is light.”

## 2 Corinthians 12:9-10 New International Version (NIV)

<sup>9</sup> But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.  
<sup>10</sup> That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

1. What would you say the song is about?
2. What did you find encouraging in the lyrics? How could you relate?
3. Do any of you ever feel burdened by life or that life just seems overly difficult? Why do you think that is?
4. Read Matthew 11:28-30. What does Jesus promise to those who are weary and burdened?
5. What is a yoke and what does Jesus say about them here?
6. Why is it significant that Jesus’ yoke is easy and his burden is light? What would it mean for us if it were the opposite?
7. Read 2 Corinthians 12:9-10. What do you think Jesus means when he says, “My grace is sufficient for you, for my power is made perfect in weakness.”
8. Whose weakness is Jesus referring to?
9. Why do you think Paul is so eager and willing to boast in his weakness rather than his strength?
10. What does Paul mean when he says, “For when I am weak, then I am strong”?
11. In what areas of your life are you weary, burdened or weak?
12. What are some ways that we can seek Jesus’ strength so that we are strong even in our weakness?
13. Are you willing to let Jesus make his power perfect in your weakness? Why or why not?